



Safeguarding Children and Young People at YMCA Canberra

Younger children at the Y

At the Y:

- Children should enjoy time spent at a Y activity
- Children who attend activities should feel safe
- Y people listen to children
- Children can tell a Y person if they do not feel safe so that something can be done to make things better

At a Y activity:

- Children from everywhere are welcome at the Y it doesn't matter where you come from
- Children should feel safe
- No-one should hurt you, your body or your feelings.
- Children can tell an adult NO if they do not feel safe doing something or something makes them feel uncomfortable
- Y people will listen and help if a child tells them that they don't feel safe or are hurt

Y staff must:

The people who work at the Y:

- Wear a uniform and/or a name tag
- Make sure children are cared for and supervised well
- Do not get upset, mad or angry with children at any time
- Explain rules clearly to children so that they understand what they are supposed to do
- Do not take you anywhere in their car, on their bike, a bus or any other transport
- Will not take you on an excursion unless they have your parent or guardian's permission in writing and the group is going
- Do not call you on your mobile, text you or contact you on social media or at any time when you are not at a Y activity

Children have to:

Remember, when at a Y activity you must:

- Talk to Y people and let them know if you feel scared or uncomfortable
- Let other children join in the games and try to be fair
- Do not be mean or hurt others
- Ask questions if you do not understand something that is asked of you
- Talk to Y people and other children with respect and just like you want to be spoken to when they talk to you