

ONLINE AT THE Y

Learn, create, do something new by learning with the Y from your home

Hygiene BINGO

Recommended age: 3 – 5 years

Resources/Ingredients:

- BINGO Sheet
- Pencil/Pen

Instructions:

1. Gather the resources needed
2. Tick off each item you have.
3. Once the items in a row are ticked off, check if you have completed the action on the last row.
4. If you have ticked off all the items and have completed the action, you can now call out “BINGO!”



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B	I	N	G	O
Toothbrush	Free Pass	Fruits	Shower/Bath	Played outdoors
Free Pass	Toothpaste	Veggies	Soap	Free Pass
Free Pass	Free Pass	Glass of Water	Shampoo	Free Pass
Free Pass	Cloth to dry hands	1 slice of bread	Towel	Free Pass
Have you washed your hands after playing outside?	Free Pass	Have you had breakfast today?	Have you had shower/bath today?	Have you brushed your teeth today?

