

ONLINE AT THE Y

Learn, create, do something new by learning with the Y from your home

Cooking at the Y - Cinnamon Toast Recipe

Recommended for ALL ages

Resources / Ingredients:

- A wooden spoon
- A mixing bowl
- A butter knife
- A Baking tray
- Baking Paper
- Loaf of wholemeal bread or loaf of white thick sliced bread (preference is personal)
- 1 cup of butter (or alternative like Nuttelex)
- 1 Tablespoon of ground cinnamon
- 2 Tablespoons of Maple syrup
- Natural yoghurt
- Blueberries

Instructions:

1. Preheat the oven to 110 degrees
2. Combine the ingredients (butter, cinnamon and syrup) in a bowl until of a smooth consistency.
3. Spread the bread slices with the cinnamon mix and lay on the baking tray.
4. Place in the preheated oven, watch carefully, and toast for 5 minutes or until the cinnamon spread slightly changes colour and the bread is crispy on the edges.
5. Serve with Natural Greek yogurt and fresh blueberries.

