

ONLINE AT THE Y

Learn, create, do something new by learning with the Y from your home

Community Helpers Doctor Theme

Recommended for 2 ages and above

Discussion Tips and Hints...

- Doctors are people who **practice medicine**.
- Doctors are trained to keep people healthy and to heal the sick.
- Doctors try to prevent illnesses.
- When treating patients, doctors work with many other people, including nurses, therapists, and physician assistants.
- Doctors check to see you are growing and developing normally.
- We can talk to doctors about safety or nutrition to help us stay healthy.
- We can ask any questions about our health.
- Where do we go to visit the doctor?
- When do we need to see the doctor?
- What happens at a doctor's appointment? The doctor will come in and say hello, ask some questions, like how we are doing?
- The doctor wants to make sure your body is working just as it should. They will
 - **Listen with a stethoscope** heart and lungs sound.
 - **Look in your ears, nose, and throat:** The otoscope lets the doctor get a good look at yours and the light helps spot any problems, like fluid in your ear that could be an infection.
 - **Look in your eyes**
 - **Tap you with a rubber hammer:** This is when the doctor taps your knee and your leg swings up without you doing anything. It is a funny part of the exam, but there is a good reason for it. This tests how well your nerves are carrying messages in your body. When your reflexes respond to the hammer,
 - **Feel around your belly:** There's a lot of important stuff in your belly

