

ONLINE AT THE Y

Learn, create, do something new by learning with the Y from your home

Sand tray writing

Recommended for ages 3 and above

Resources / Ingredients:

- A tray
- Enough sand or dirt to add a thin layer onto the tray
- A paintbrush or stick

Instructions:

1. Fill the tray with a thin layer of sand or dirt
2. Using either the brush or your finger practice writing different letter. You could start by practicing writing the letters of your name or of people in your house.
3. If the children find this difficult an adult can write the letter and the child can trace over it

