

ONLINE AT THE Y

Learn, create, do something new by learning with the Y from your home

Cooking at the Y - Boo-nana's

Recommended for all ages and above

Resources / Ingredients:

- 3 bananas, peeled
- ½ cup Greek-style yogurt
- 12 sultanas

Instructions:

1. Line a large baking tray with baking paper. Cut bananas in half diagonally. Insert a wooden stick into cut-sides of bananas.
2. Place on tray. Freeze for 1 hour or until firm
3. Place yoghurt in a tall skinny glass. Dip banana into yoghurt to almost coat, allowing any excess yoghurt to drip off before returning to tray.
4. Create eyes - place 2 currants on each banana, then gently press to secure. Freeze for 1 hour or until firm.

