

Lava Lamp

Recommended for ALL ages

Resources / Ingredients:

- An empty water bottle
- vegetable oil
- water
- food colouring of your choice
- · Bicarbonate of soda

Instructions:

- 1. Fill the empty water bottle about 2/3 full with vegetable oil.
- 2. Top it up with water.
- 3. Add food colouring.
- 4. Add small amounts of Bicarbonate of soda to the bottle and watch the bubbles form and move up.



