

ONLINE AT THE Y

Learn, create, do something new by learning with the Y from your home

Healthy Candy Cane

Recommended for ages – 6 months upward

Resources / Ingredients:

- 1 Banana
- 6 strawberries

Instructions:

1. Chop the banana into slices around ½ inch-thick
2. Slice the strawberries the same thickness
3. Assemble by alternating the banana and strawberry slices into the shape of a candy cane.
4. On the curve of the candy cane cut the fruit at a slight angle.

